

HOW TO MAKE FUNNY PUTTY SLIME

What you will need:

- 1/2 cup all purpose white or clear glue
- 1/2 cup liquid starch
- small mixing bowl
- utensil for mixing
- measuring spoon
- optional:
 - food coloring
 - glitter



Pour glue into a small bowl. Add several drops of food coloring and 1 TBSP glitter if desired. Mix well. Slowly add liquid starch and stir until mixture begins to clump. When it becomes too difficult to stir, begin kneading with your hands on a smooth, clean surface. The more you knead the slime, the more firm and elastic it will become. Store in plastic zippered bag or airtight container for up to one month. Have fun!

OT activities with slime:

1. Tactile processing: Slime is a great way to explore a new texture and learn to tolerate messy play.
2. Fine motor skills: Knead, squish and mold the slime to work on hand strengthening, endurance and bilateral coordination. Hide and find small treasures in slime -like beads or sequins- to work on pincer grasp. Practice scissor skills by rolling the slime like a snake and cutting it.
3. Self-regulation: Use slime as a sensory break!
4. Planning/organizing: In order to complete the slime recipe, you need lots of planning skills; making a list of ingredients, collecting materials, following multi-step sequence and keeping workspace clean. Making slime is a great way to teach material management.

Speech and language activities with slime:

1. Vocabulary/Action words: Take turns describing what the other person is doing; pouring, mixing, stirring, squeezing, kneading, squishing, etc.
2. Describing words/Adjectives: Use your senses as a guide. How does it feel? What does it look like? What does it sound like? How does it smell?
3. Sequencing vocabulary: As you follow the directions, use key words (first, next, then, last) to talk about what you are doing with each step.
4. Re-tell: Find someone to tell about the steps involved in making slime.
5. Predicting: Make a guess about how the slime will change or what it will do next.

